

Term Dates

Fun 4 Baby, Adult & Child, Pre School and Recreational Classes

7th September to 19th December

**** October Half Term ****

26th October – 31st October inclusive

No classes during ½ term

**All classes will return on week
beginning 4th January 2010**

Advanced Recreational and Squad classes will break up on

**Tuesday December 22nd
and will
return on 4th January 2010!!**

WELCOME TO OUR NEW MEMBERS

At Hawth gymnastics we run an open door policy to keep the lines of communication open. If you need to come into the gym to speak to one of the staff please stay behind the chain link barrier and one of the coaches will come over to you. Please be aware that our primary task is coaching and any extended conversations will interrupt this. We will do our best but our time will be limited in this situation. If you have any issues with your child's gymnastics you can contact Sally- Anne Head coach and manager at sallyannehawth@yahoo.co.uk

Welcome to our Eighth Newsletter

Welcome back from your summer break. We hope you all had fantastic holidays and are ready for some hard work at gymnastics!!

*****Competition Season*****

English Championships for Men's Artistic-
October

Sussex Multi-Discipline Competition-
10th/11th October at the Triangle

British Championships for Men's Artistic-
November at Goresbrook LC

South-East Regional & Open teamgym tournament –
Sat 28th November at K2

COME ON HAWTH!!

Keep your eye on the website for
further competitions
www.hawthgymnastics.co.uk

CHANGES OF ADDRESS/ CONTACT DETAILS

There have been cases when we have
tried to contact you and your details
are incorrect.

If your circumstances do change then
we do need to know for emergencies.

Also if your child develops any medical
conditions please inform us of them as
soon as possible so that our coaches can
be sympathetic to their needs.

Thank You

Fees

You will soon be receiving a payment sheet detailing your child's fees for the next quarter, October - December Quarter

Please make every effort to pay on time as this will help us with the amount of administration we have to do chasing people for payments. Thank you.

We have, in the past, been waiting up to three months for people to pay their fees.

We are no longer willing to do this.

Some children have lost their spaces over the summer due to non payment. There are many children on our waiting list who have been keen to start for over a year.

PAYMENTS ARE MADE QUARTERLY IN
ADVANCE

QUARTERS

January to March

April to June

July to September

October to December

Talent Identification

As most of you will be aware we have a programme of squad classes for children who have been identified as having a talent for gymnastics.

Please be assured that each and every child that we coach is being very carefully watched and if their coach, along with a senior coaches second opinion feels your child has the right assets they will be offered a squad class. This may be a two hour slot to start and progress to multi sessions per week.

We have, at present, a team of girls training 13 hours a week aged range 10 to 14.

We also have boys aged 9 to 17 training 16 hours per week. Our youngest squad members are 5 years old training 2 hours on Saturday mornings.

REMINDERS

With the winter months soon upon us, we would like to take this opportunity to remind all gymnasts that we **do not allow shoes** into the gym. The area in which gymnasts are leaving their stuff is actually a piece of apparatus called Recreational Floor and our pommel horse base and we do not want our pre school children picking up and eating anything that has been brought in from outside. You will see some of the squad children bringing bags in but please understand that they are here for 4 hours + and need things like handguards, floor music, chalk and other accessories that are essential for a squad gymnast.

We have said before that lockers can be used in the changing rooms which have a £1.00 returnable deposit. We are still getting complaints from K2 management concerned about children being changed outside the gym in the corridor for everyone to see. Please refrain from changing your child in public.

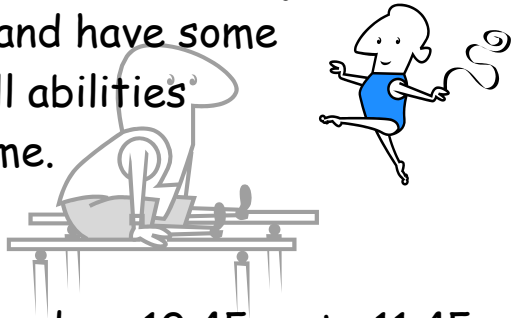
Please could you remind your children to visit the toilets **before** their gymnastics class. We are still losing too much time walking them back and forth, especially in a 1 hour class! We feel it has become an excuse rather than a necessity for some children.

The management that runs K2 would like to remind you that when your children are waiting outside the gym, they are your responsibility. Some parents are allowing their children to run up and down the steps and around the squash courts

Please keep your eyes on YOUR children

ADULT CLASSES

No booking needed, just come along and have some fun, all abilities welcome.



Wednesdays 10.45am to 11.45am
£5.00 payable on the day

Welfare Officer

Welcome back to Hawth Gymnastics. I hope you had a lovely summer holiday and are either looking forward to joining or returning to your gymnastics. For those new to the club, my name is Beverly Clayden and I am the club's Welfare officer. I have been Welfare officer for the last 3 years and my daughter has been a gymnast at the club for 8 years. I can be contacted on 07746 755048 or I am usually at K2 on Monday, Tuesday or Thursday evening. The Hawth takes the welfare of their gymnasts seriously and we operate an open door policy. If you or your gymnast have any concerns over any matter please feel free to speak with your coach or myself. All matters are treated in the strictest confidence.

A few friendly reminders.....

Please

- use the changing room to undress your gymnast,
- avoid children swinging on the bars by the squash court and supervise young children at all times whilst waiting for your gymnast,
- refrain from taking photos through the glass screen.

Thank you

Hawth PNG (supporting Hawth Gymnastics)

Welcome back.

A few reminders and dates for your diary. The 3rd Annual Squad Presentation Evening will be held on **23rd January 2010**. We have booked the Three Bridges Football club as an alternative venue this year after the problems we experienced at the Stadium last year. The evening will be themed this year so watch this space! Any sponsorship for this event would be appreciated.

We will try and organise another second hand leotard sale before Christmas so please keep hold of your old leotards.

Holiday Session

As some of you are aware we had to cancel some of our holiday sessions this summer due to lack of demand.

If you have any ideas you think we would like to hear about as to how we can make these sessions more appealing to you and your child please contact us on sallyannehawth@yahoo.co.uk

Although we are unable to drop the cost considerably we may be able to extend the session by an hour with very little extra cost if this would be more favourable. We would very much like to hear your comments on this matter. Our staff enjoy these extra sessions with your children and would like to see them continue.

British Gymnastics Insurance & Hawth Gymnastics Membership

As advertised in our February 09 newsletter, published on the gym notice board and our website, we are reintroducing the annual Hawth Gymnastics membership as of Oct 09. This was put on hold when we first moved into K2 because of a planned membership fee to K2.

Following a recent management meeting it was decided to start our membership scheme from October 2009. This would eliminate having to issue a letter for BG membership and Hawth membership separately and therefore only having to deal with one cheque from each member.

Please see list below for old and new fees.

British Gymnastic Insurance	Last years fees	British Gymnastics Insurance	October 09 September 10	Hawth Gymnastics Family Membership	October 09 September 10
Pre school	£ 8.95	Pre school	£ 10.00	Pre school	£2.00
Junior	£ 17.75	Junior	£ 15.00	Junior	£5.00
Competitive	£ 27.50	Competitive	£ 36.00	Competitive	£10.00
<p>British Gymnastics offer NO family discount.</p> <p>ALL gymnasts have to pay the full British Gymnastics Insurance membership fee according to their individual category.</p> <p>Your child will not be insured if you do not pay your membership and we will not be able to accept them in our classes.</p> <p style="text-align: center;">CHEQUES SHOULD BE MADE PAYABLE TO</p> <p style="text-align: center;">HAWTH GYMNASTICS BG ACCOUNT</p>				<p style="text-align: center;"><u>HAWTH GYMNASTICS FAMILY MEMBERSHIP</u></p> <p>The child that falls in the highest cost category is the fee you will pay for your family membership. e.g. If you have a pre school child and a junior child you would pay £5 only, or If you have a junior child and a competition child the fee would be £10.</p> <p>Please list on your membership form ALL your family members you are including in your Hawth Gymnastics Family membership.</p>	

Our Parent Network Group have worked extremely hard over the last 3 years in fund raising to enable us to buy new equipment, but with only a limited amount of support they are beginning to struggle to keep up with the amount required to maintain and replace equipment.

The club membership will help towards the upkeep of the gymnastics equipment that all the children use. Gymnastics equipment is very expensive; here are a few examples of what we have brought with the help from our Parent Network Group over the last year. £ 2500 on new foam for the pit, over £3000 on a new set of P bars and £1300 on a new trampette.

Your membership/ insurance to British Gymnastics and Hawth Family membership will be due week beginning 14th September. We need to collect early to enable us to process 1200 to British Gymnastics by 1st October.

To help us administer this payment there will be a member of Hawth Gymnastic staff outside the gym taking payments on the following times/days please see table to the right

From Monday 14th to Saturday 26th September



Monday	4pm to 7pm
Tuesday	4pm to 6pm
Wednesday	4pm to 7pm
Thursday	4pm to 7pm
Friday	4pm to 6pm
Saturday	9am to 10.30am

You are welcome to pay by post to the PO Box or in the post box inside the gym at your child's lesson time. Please remember this payment needs to be paid separately from any outstanding fees

Please note if you do not pay by 26th September your child will not be insured and therefore will not be able to take part in their gymnastics class.

