



Hawth **Gymnastics**

Volume 1, Issue 1

September 2006

Term Dates

Fun 4 Baby, Adult & Child, Pre School and Recreational Classes

4th September to 16th December

October ½ term 23rd Oct to 28th Oct inclusive

No classes during ½ term

Restart Monday 8th January 2007

Advanced Recreational and Squad classes

Last training 23rd December 2006

Restart Wednesday 3rd January 2007

BRITISH GYMNASTICS

AWARD SCHEME

This term we will be testing all our Advanced Rec and Recreational girls and boys on their British Gymnastics Badges.
Please make sure you have returned the slip stating which badge your child is on.

Not all children will achieve a badge but they will have fun trying.

Badges will be given out week beginning 4th December

Welcome to our first newsletter

We plan to produce 3 newsletters per year

September, January & April

We hope you find the content interesting and useful. If you feel there is other information you would like to see reported on please let us know either by email or in an envelope in our grey post box in the gym.

sally-anne@hawthgymnastics.co.uk

Forth coming events

Our squad gymnasts have been very busy this year competing at various competitions throughout Sussex and the South East. We even had 7 tumblers represent us at National finals. All the results from these and other competitions can be found at www.hawthgymnastic.co.uk

Listed Below are events over the next few months.

Sussex Multi Discipline Championships 7/8 October

Boys Apparatus Competition 22nd October

South East Tumbling Championships 12th November

South East Team Gym Championships 18th November

More details can be found on the *diary tab* on our website.

Holiday courses

We had a very good summer with over 200 children training between 10 and 20 hours in our holiday courses.

Over 100 British Gymnastic Badges were achieved.

Thank you to all the kind words received by emails/notes telling us how much your children enjoyed the sessions.

Fees

You will all receive a payment sheet detailing your child's fees for the next quarter, October to December, week beginning 18th September 2006

Please make every effort to pay on time as this will help us with the amount of administration we have to do chasing people for payments. Thank you.

PAYMENTS ARE MADE EITHER
QUARTERLY OR MONTHLY IN ADVANCE

(July to September will be ask for quarterly for all
Pre School and Recreational gymnasts)

QUARTERS
January to March
April to June
July to September
October to December

British Gymnastics Membership/Insurance

**This year's payment is due by the
1st October**

Fun4Baby, Adult & Child and Pre school
Children
£ 8.00

Junior / Adults
£ 15.50

Competitive Gymnastics
(regional level and above)
£ 23.00.

Your child will receive a form that needs to be returned with payment before 1st October.

If this payment is not made your child will be unable to continue with his/her gymnastics.

REMINDERS

We would like to take this opportunity to remind all gymnasts that we do not allow shoes into the gym. With the winter months approaching we do not want our pre school children picking up and eating anything that has been brought in from outside.

Lockers can be used in the changing rooms which have a £1.00 returnable deposit.

Please could you remind your children to visit the toilets **before** their gymnastic class. We lose so much time walking them backwards and forward!

We understand that it is not always possible to arrive on time but we have had children arrive up to ½ hour late for a one hour class. We try our hardest to start classes on time, please help us to achieve this by arriving in enough time to visit the toilets and changing rooms before the start of their class.

If you do arrive late and the class has started please do not allow your child to just come into the gym and join without first registering them with a coach who will tick them off in the register. It is vital we know who we have in the gym in the case of an emergency.

STEPHANIE

As some of you will already know we have to sadly say goodbye to Steph in September as she is leaving us to start a three year degree course at Brunel University studying Sports Science.

Stephanie started with Hawth Gymnastics at the age of 10 after attending classes at Bewbush Leisure Centre. She soon became part of our squad system achieving many titles at local and regional competitions. When many of her fellow gymnasts were leaving the sport to follow a different path (mainly boy chasing) Stephanie continued to work through the hardest part of any gymnasts career when their bodies are changing rapidly. She now has attended three national tumbling championships and became the overall winner of the level 4 tumbling in 2006.

When she turned her hand to coaching it was soon apparent that the energy and enthusiasm she approached her training with came with her to her coaching.

Hawth Gymnastics has never had a coach with so much passion, she will be truly missed by her fellow coaches and gymnasts alike.

Stephanie's replacement will have a hard act to follow but I am sure they will and rise to the challenge. We know we would never be able to replace Steph's personality. Our staff breaks will never be the same again without her continuous story telling!!

We hope to see her teaching with us in the school holidays and as she knows there will always be a place for her when she has finished her studies.

GOOD LUCK STEPH.



We also say goodbye to Debbie who has started work in a "real job" at Gatwick we wish her all the best in her new career.

Two new Staff for September are;

Nannette, who will be taking the development squad and hopefully some of our other squad sessions.

Kim, who is restarting her coaching career with the recreational classes.

Three of our trainee coaches, Holly, Kiera and Nicolle are now qualified at level one and start regular work with us.

We also have two new trainee coaches who you will see helping out at different sessions, Alex and Hazel.

We are all very excited that Richard Keasley, a Men's Artistic Senior Club Coach, is coming to join our coaching team in January. He will lead our men's artistic team of coaches and work towards producing squads of competing boys

"Happy Coaching to you all"

NEW ADDRESS FOR HAWTH GYMNASTICS

Please make a note of our new address

Hawth Gymnastics
PO BOX 989
Crawley
RH10 5WX

General Enquiries & Waiting List: 01293 520821
9am to 5pm Mon to Fri

K2 Gymnastics Hall: 01293 585327

Please remember that we may be coaching so the gym phone can not always be answered

PARENT NETWORK GROUP

Parent Network Group (PNG) is a group of parent volunteers that was set up to assist the management of Hawth Gymnastics in the organising and running of the club. Presently we are trying to raise money towards the cost of the blow up tumble strip which I am sure you will agree is great fun but is also an invaluable training tool. Our main fundraising event is the 1K club which is like a lottery. You pay £12.00 per year and every month you get entered into the draw with a chance to win a cash sum. If you are interested in becoming a member please complete an application form which can be found outside the gym in the leaflet dispenser or down loaded from the website. Watch this space for more information on fundraising ideas such as the sponsor tumble which we hope the whole club will get involved in. If anyone has any other fundraising ideas please let us know.

We would like to thank EDF for their contribution of £250.00 towards the tumble strip.

Important date for your diary...**27th January** is the date for our first squad Presentation Evening. More information on this will follow shortly and we hope many of you squad gymnasts and parents will come and celebrate this important event in the squad's calendar. The evening will be a different format from previous evenings.

PNG is also responsible for selling Hawth T shirts, gym sacs and leotards. All profit from these goes directly towards the tumble strip fund.

Merchandise forms can be downloaded from the website.

www.hawthgymnastics.co.uk

Hopefully by now you have all visited our website. We are in the process of updating and adding new pages so please be patient if you can not find what you are looking for.

Any extras you would like to see on the site please let us know via the contact detail on the site.

Our First Hawth Recreational Competition at K2

We would like to thank our PNG for their time and effort in organising the running of the registration, door, raffle and much more. We could not have managed without you.

The competition went extremely well with nearly 300 children taking part. We feel very proud, as we are sure you do of the children standing out there, alone in front of so many spectators and performing their routines.

We hope you enjoyed the weekend as much as we did and the children learnt from their experience.

We will make this an annual event and hopefully we will have even more entries

**“Well done”
to all those that took part**

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SQUAD PRESENTATION EVENING

SATURDAY 27TH JANUARY 2007

This years awards evening will take a different format with an event for squad members and their parents taking place at Broadfield Stadium.

There will be a disco and during the evening we will present our annual awards.

We hope this will be an informal event that coaches, children and parents alike can enjoy.

